

Aiden Jacob



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31-07-2000



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ABOUT ME

I am a hard working, driven individual who has devoted the past 3 years to learning the trade of Sports Therapy. I am committed to continuously chase excellence in order to become best version of myself. I am currently studying for a Bsc (Hons) in sports therapy and wish to pursue a post graduate study in Physiotherapy.

EDUCATION

CALLINGTON COMMUNITY COLLEGE

September 2011 - June 2016
Graduated: Yes

CITY COLLEGE PLYMOUTH

September 2017 - June 2018
Graduated: Yes

PLYMOUTH MARJON UNIVERSITY

September 2018 - Current

GCSE

9 GCSE's graded B-D including English, Science and Maths.

BTEC Level 3- National Foundation Diploma

Achieved a grade Distinction in Sport.

Bsc Sports Therapy

Completes Modules:

Anatomy and Physiology, Exercise Rehabilitation, Soft Tissue Therapy, Diagnostic Rehabilitation and Injury Management.

WORK EXPERIENCE

MARJON SPORTS AND HEALTH CLINIC

October 2020 - Current

Student Therapist

Roles and responsibilities:

- Provide an online triage service (clear communication).
- Face to face consultations and treatment with members of the public.
- Develop rehabilitation programmes for patients.
- Use a variety of specialised equipment (antigravity treadmill, isokinetic dynamometer)
- Provide a safe, comfortable environment for our patients.

HOBBIES AND INTERESTS

My current hobbies include cycling, hiking, rugby... basically anything that involves me being in the fresh air outdoors. When I am not outdoors, I devote my time to expanding my knowledge as a Sports Therapist. I pride myself in being very performance driven, so I am always reading and researching the latest information regarding sport.

TAVISTOCK RUGBY CLUB

October 2019 - May 2020

Student Therapist (External Placement)

Roles and responsibilities:

- Pre and post training player treatment.
- Devise individual rehabilitation programmes for players.
- Game day preparation (pre game massage, taping etc.)
- Pitchside therapy.
- Provide a safe, comfortable environment for players.
- Player care and satisfaction.

PLYMOUTH MARJON UNIVERSITY

November 2018 - May 2019

Open Clinic- Year 1

- Prepare beds for patients.
- Give objective and subjective assessments.
- Treat patients
- Provide post-treatment care plan.

ADDITIONAL ACHIEVEMENTS

PLYMOUTH MARJON UNIVERSITY

January 2020 - Current

First Aid

PLYMOUTH MARJON UNIVERSITY

RFU Headcase Concussion Course