

Date: 16/1/19 Location: Marjon clinic

Total no. of hours: 2

Hours to date: 8

## 1. Overview of session

Throughout this session I worked with client A. to expand my knowledge and re-visit the bony landmarks of the lower limb. I worked with the client to palpate the different landmarks on a live model.

- Reflective summary.

By doing this it helped me to gain an understanding of how much I do and don't know when naming and locating the lower limb bony landmarks. I was able to both name and locate the majority of bony landmarks, however there was some, less prominent ones that I was unable to locate without the aid of a textbook as ~~a~~ ~~promt~~ guidance.

- Area for improvement and action plan.

To improve I need to focus on learning the location of the less prominent bony landmarks. This will give me a further and deeper knowledge of the lower limb anatomy and allow me to be able to diagnose and treat clients a lot easier. To do this I need to re-visit the theory and work with a live model as well as a textbook to help me learn more of the anatomy.