# **A DAY IN THE LIFE OF A FOOD DISTRIBUTION CENTRE**

Welcome to the Flavour food distribution centre. This gives you an idea of what happens in a distribution centre and when. Every food distribution is different, this is a guide to help you create a process which works for you.



# DAY BEGINS

Managers/Coaches Sign in, put on PPE, check rotas are written and available, communicate with staff what needs to be done. Volunteers/Staff Sign in, put on PPE, check rotas.

# **CLEAN AND PREPARE**

#### Volunteers/Staff

Clean worktops, floors, and working areas. Check fridges and throw away any bruised or rotting food or food that is past its sell by date.



## FOOD ARRIVES FOR STORING

#### Managers/Coaches

Prepare goods in sheet/ labels for food. Provide instructions on food that needs to be packed and sorted. Store completed goods in sheets.

#### **Delivery Drivers**

Confirm list of stores/organisations to collect food from, collect food and return to food distribution centre, return collection sheet.

#### Sorters/Packers

Help with the collection of food, unload food into food distribution centre, checks for quality and freshness of food, throws away poor quality food, labels and stores food in appropriate place.

# **COLLECT FOOD FOR STORING**

#### **Managers/Coaches**

Prepare goods in sheet/ labels for food, provide instructions on food that needs to be packed and sorted, store completed goods in sheets.

#### **Forklift Driver**

Unload food from lorries into warehouse.

#### Sorters/Packers

Move food into centre, follow and complete goods in sheet, checks for quality and freshness of food, throw away poor quality food, labels and stores food in appropriate place.



## **PREPARE DELIVERIES**

#### Sorters/Packers

Follow instructions to collect and load food onto trays/into boxes. Follow order lists – double check quantities and orders. Label trays/boxes. Lift and carry trays/boxes to vans. **Managers/Coaches** 

Prepare order list and labels. Share with sorters and packers.

# **MAKE DELIVERIES**

#### **Delivery Drivers**

Take delivery to correct recipient. Lift and carry order out of van/bike to where it needs to be put down. Communicate with person about what is there. Take back any food not wanted.





# **VANS RETURN**

#### **Sorters/Packers**

Ensuring that cleaning bottles are full and that there are enough cleaning resources for the next day. Clean worktops, floors if needed, follow end of day check list.

#### Managers/Coaches

Order more cleaning equipment when needed. Communicate tasks.



## **DAY ENDS**

Managers/Coaches Read and check van paperwork. Record returned food on system. Sorters/Packers Collect any undelivered food. Check for quality and put back in warehouse. Clean vans.



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