STYD01 Clinical Reflections

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| **Date** | **Location** | **Total Amount of Hours** | **Overview of Session**  |
| 03.02.2020 – 2000-2200  | Marjon Swimming Pool | 2 hours | Supporting Swimmers & Water Polo team members poolside |
| Reflective Summary |  Areas for further Improvement plus action plan  |
| There were no injuries during the swimmers’ training session and none of the swimmers approached to discuss MSK issues.I have scheduled three appointments with a male water polo player, but he has not turned up on each of those three appointments. I have not contacted him on the third occasion and he has not provided any legitimate reason for not attending. I found this very annoying as on each occasion I didn’t actually need to come onto campus and could have benefitted from using this time to prepare for assignments and exam revision.During the water polo training session I applied a Finger Buddy strapping to the 3rd finger and the adjacent 4th finger of a female player so that she could participate in the training session. She had broken the 3rd finger during training the previous week. |  |
| Returning to reflections at a later date |
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