STYD01 Clinical Reflections

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Location** | **Total Amount of Hours** | **Overview of Session** |
| 03.02.2020 – 2000-2200 | Marjon Swimming Pool | 2 hours | Supporting Swimmers & Water Polo team members poolside |
| Reflective Summary | | | Areas for further Improvement plus action plan |
| There were no injuries during the swimmers’ training session and none of the swimmers approached to discuss MSK issues.  I have scheduled three appointments with a male water polo player, but he has not turned up on each of those three appointments. I have not contacted him on the third occasion and he has not provided any legitimate reason for not attending. I found this very annoying as on each occasion I didn’t actually need to come onto campus and could have benefitted from using this time to prepare for assignments and exam revision.  During the water polo training session I applied a Finger Buddy strapping to the 3rd finger and the adjacent 4th finger of a female player so that she could participate in the training session. She had broken the 3rd finger during training the previous week. | | |  |
| Returning to reflections at a later date |
|  |
| For office use only: | | | |