STYD01 Clinical Reflections

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Location** | **Total Amount of Hours** | **Overview of Session** |
| 02.03.2020 – 2000-2200 | Marjon swimming pool | 2 hours | Poolside support of the swimming and water polo training sessions |
| Reflective Summary | | | Areas for further Improvement plus action plan |
| There were no injuries incurred during the swimming training session and the women’s water polo training session.  One water polo player approached me about some tightness that she was experiencing in her left shoulder. I arranged an appointment for her to see me the following Thursday (05.03.2020) at 10 a.m. | | |  |
| Returning to reflections at a later date |
|  |
| For office use only: | | | |