

SECONDARY ITE LEARNING PLAN AND EVALUATION

Date: 18/12/2017	Class: year 11	No. pupils:	Activity: Football	Trainee name: Nick Constant
Time of lesson:	30		Lesson sequence:1	
Time of recorn	Ability: High			

Intended Learning Objective (ILO): To be able to play passes in a space with changing surroundings whilst demonstrating good techniques and special awareness.

Differentiated Learning Outcomes

Some: To be able to outwit opponents with the use of these techniques.

Most: To be able to perform the basic dribbling movements with control.

All: will demonstrate basic understanding of dribbling and describe the techniques that can be used

Resources:

Cones Goal Bibs

Risk Assessment:

Separate risk assessment already completed within the centre

Remind students about the environment they are working within, and the dangers they face.

Time and interaction (CGIP)	Teaching & Learning Activities (including activity instructions, range of appropriate learning strategies, progressions, pupil and kit organisation, teacher positioning)	Learning progressions & impact (Key learning questions, teaching points and cues, behaviour for learning)	Extension/Intervention Strategies (Differentiated tasks)
15 minutes changing and safety reminders.	Tell them to be quick and get them register and explain the LO		





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10 minutes	Pulse raiser – football movements in a small 10m grid. Dynamic stretches (i.e. lunge, touch instep of foot) 1 ball each or 1 between 2. Dribbling relays. Pairs warm up - Count to 3. Replace 1, 2 & 3 with jump, side step and jog backward and then forwards. In 25 x 25m grid, pupils to pass and move as a pair	Ask students to think of a stretch, let them demonstrate and explain the muscles that are being used. Let them pair themselves. Quickly organise this, don't want to waste time	Decrease speed of movement or increase size of working grid for those needing help.
30 minutes	Split group into 2. One with ball + other without (30 x 40m grid) Dribbling and move with ball or jog around in area. Add football movements both with and without ball. 10 mins at the end do a 4 v 4 Competitive Game – Condition they must do 4 passes with different players then can shoot on goal.	Use side Foot, outside, dominant, non-dominant. *TP's – balance, coordination, weight of pass dependant on distance.	Provide warm up movement variations for those finding them difficult. Decrease/increase pace of passing in grids.



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20 minutes	Move into small 5m grids – Pairs with 1 ball - Always turn into space (Scan and check shoulder). Quickly moving ball and running from one side to the other.		
	Get in to 2 fair teams and set up 2 goals at each end to encourage decision making based on defender's position	*TP - Take weight out of ball. Use side of foot, get ball out of feet.	
20 minutes	Half pitch game. 11 v 11 with subs if we have enough students. Get them to pass 5 times before shooting in the first half and in the second half normal rules.	*TP – see if they still "ball hog" or if they have learnt to pass and move.	
10 minutes	Debrief, talk about what we have learnt and been though today	Can someone explain how to pass properly? How do me make space? Where do I need to be to receive the ball? When should I pass and when should I run with it?	
15 minutes	Collect cones and bibs and go get changed	How do I know when to pass and when to shoot?	



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